



# SALLISAW PUBLIC SCHOOLS

## Sallisaw Middle School Breakfast and Lunch Menu March 2025



Alternate Cereal, Oatmeal and Yogurt Bar Available for Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
3	4	5	6	7
<b>Sausage, Egg &amp; Cheese Biscuit</b> Fruit Juice, Milk	<b>MS Griddle</b> Pancake, Sausage & Cheese Fruit, Juice, Milk	<b>Donut</b> Fruit Juice, Milk	<b>Breakfast Nachos</b> Fruit Juice, Milk	<b>Biscuits and Gravy</b> Fruit Juice, Milk
<b>Cheeseburger</b> Lettuce, Tomato and Pickle Curly Fries Fresh Fruit and Vegetable Bar Ranger Cookie Milk	<b>Beef and cheese Nachos</b> Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk	<b>Steak Fingers</b> Mashed Potatoes and Gravy WG Hot Roll Carrots Fresh Fruit and Vegetable Bar Milk	<b>Spaghetti w/ Meat Sauce</b> Green Beans Breadstick Fresh Fruit and Vegetable Bar Milk	<b>BBQ Sandwich</b> Baked Beans Potato Salad Fresh Fruit and Vegetable Bar Oreo Pudding Milk
<b>Corn Dog/Broccoli and Cheese</b>	<b>SAME</b>	<b>Chicken Nuggets/Potato</b>	<b>SAME</b>	<b>Pizza/Salad</b>
10	11	12	13	14
<b>Biscuits and Gravy</b> Fruit Juice, Milk	<b>French Toast Sticks</b> Fruit Juice, Milk	<b>Funnel Cake</b> Strawberries and Cream Juice, Milk	<b>Cheese Omelet and WG Toast</b> Fruit Juice, Milk	
<b>Chicken Sandwich</b> French Fries Fresh Fruit and Vegetable Bar Sugar Cookie Milk	<b>Burrito w/ Cheese Sauce</b> Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Chicken and Waffles</b> Strawberries Fresh Fruit and Vegetable Bar Milk	<b>Stuffed Crust Pepperoni Pizza</b> Spinach Salad Fresh Fruit and Vegetable Bar SideKick Milk	
<b>SAME</b>	<b>SAME</b>	<b>SAME</b>	<b>SAME</b>	
17	18	19	20	21

## SPRING BREAK MARCH 17th - MARCH 21st

24	25	26	27	28
<b>Biscuits and Gravy</b> Fruit Juice, Milk	<b>Waffles</b> Fruit Juice, Milk	<b>Blueberry Muffins</b> Fruit Juice, Milk	<b>Breakfast Boat</b> Fruit Juice, Milk	<b>Biscuits and Gravy</b> Fruit Juice, Milk
<b>California Chicken Flatbread Melt</b> Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Oatmeal Cookie Milk	<b>Crispito w/ Cheese Sauce</b> Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Popcorn Chicken</b> Mashed Potatoes and Gravy WG Hot Roll Sweet Corn Fresh Fruit and Vegetable Bar Milk	<b>Sweet n Sour Chicken</b> Ramen Roasted Veggies Fresh Fruit and Vegetable Bar Fortune Cookie Milk	<b>Fish Sticks</b> "Fried" Potatoes Pinto Beans Fresh Fruit and Vegetable Bar Ice Cream Milk
<b>Corn Dog/Veggie</b>	<b>SAME</b>	<b>Chicken Nuggets/Potato</b>	<b>SAME</b>	<b>Pizza/Salad</b>

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.